

## **PROGRAM SCHEDULE**

11:00am-11:30am REGISTRATION & LUNCH BUFFET – Lunch will be served in Room N278 and T232

#### 11:30am-12:30pm POSTER SESSION AND LUNCHEON

- Poster Session (2<sup>nd</sup> Floor Hallway)
- Informal Lunchtime Roundtable Discussions (Room 277) No registration required, but seating is on a first come/first seated basis.
  - Roundtable # 1 "Time is on My Side: How to Do it All"
     Facilitator: Gina Perez, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine and Associate Chief, UPMC Behavioral Health Network; Telepsychiatry
  - Roundtable # 2 "Where Do We Go from Here? Career Development and Promotion" Facilitator: Lori Zippay, Academic Administrator, Department of Psychiatry, University of Pittsburgh School of Medicine
  - Roundtable # 3 "Getting by with a Little Help from my Friends: Establishing Effective Mentoring Teams"
     Facilitator: Priya Gopalan, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Luncheon Seating for All Attendees is Available in Rooms 292/293, 294/295, T232, and the auditorium

## 12:30pm-12:40pm WELCOME AND SPECIAL RECOGNITIONS

## **David Lewis, MD**

Distinguished Professor of Psychiatry and Neuroscience, Thomas Detre Professor of Academic Psychiatry, Chair, Department of Psychiatry

## 12:40PM-1:20PM SPEED DAT(A)ING SESSION

1:20PM-1:50PM PLENARY SESSION - CONVERTING TENSION INTO TEAMS: MAKING INTERDISCIPLINARY BEHAVIORAL HEALTH CARE EFFECTIVE

# Camellia Herisko, DNP, MSN, RN, PMHCNS-BC, CRNP

Chief Nursing Officer, Vice President of Operations and Patient Care Services, UPMC Western Psychiatric Hospital

## 1:50pm – 2:15 pm BATTLE OF THE CLINICIAN EDUCATORS – PECHA-KUCHA VS. CHALK TALK

## Jason Rosenstock, MD

Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

## James Tew, Jr., MD

Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

## 2:15pm-2:30pm TRANSITION TO BREAKOUT SESSION I

## 1-A: TELEPSYCHIATRY – IMPROVING ACCESS TO CARE (WPH AUDITORIUM)

#### **DESCRIPTION**

This session will address markets and trends in telepsychiatry and provide an overview of current Telepsychiatry Services at UPMC as well as the strategic vision for growth in this area. Attendees will learn how to integrate Telepsychiatry into the delivery of care and discuss how they could integrate Telepsychiatry services into their own clinical settings.

#### **SPEAKERS & DISCUSSANTS**

- **Kenneth Nash, MD, MMM**, Professor and Vice Chair for Clinical Affairs, Department of Psychiatry, and Professor of Pediatrics, University of Pittsburgh School of Medicine
- Gina Perez, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine and Associate Chief, UPMC Behavioral Health Network; Telepsychiatry
- Autumn Altieri, MAHEd, Project Coordinator, Children's Community Pediatrics

#### 1-B: PECHA-KUCHA – 20 SLIDES/20 SECONDS PER SLIDE (ROOM 294-295)

#### DESCRIPTION

This session builds on Dr. Rosenstock's earlier presentation in the auditorium focusing on why and how to do a Pecha-Kucha. Participants will create an outline of their own Pecha-Kucha and will explain their Pecha-Kucha to the person with whom they pair. At the end of the session participants will engage in a group discussion with session faculty to reflect on the exercise and discuss what made it good, what were the challenges they faced and how they overcame them, etc.).

#### **SPEAKERS & DISCUSSANTS**

- Jason Rosenstock, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine
- Meredith Spada, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Michael Travis, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

# 1-C: TAKE IT TO THE LIMIT: SETTING BOUNDARIES WITH PATIENTS IN THE EMERGENCY ROOM, INPATIENT, AND OUTPATIENT SETTINGS (ROOM 292-293)

#### **DESCRIPTION**

This interactive workshop will focus on a discussion of limit-setting, including recognizing when limit-setting is needed and enacting this limit with patients. Session faculty and participants will explore similarities and differences of limit-setting in the emergency room, inpatient, and outpatient settings

### **SPEAKERS & DISCUSSANTS**

- Nina Ross, MD, Chief Resident for Education, Office of Residency Training, UPMC Western Psychiatric Hospital
- Nolan Hughes, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Hader Mansour, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- David Yankura, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

## 1-D: EFFICIENT USE OF CERNER (ROOM 291 - COMPUTER TRAINING ROOM)

## DESCRIPTION

This breakout is designed to provide information about how to utilize Cerner tools more efficiently to support your workflow. By the end of this session, participants will be able to: 1) Improve efficiency in Cerner documentation and ordering; 2) Effectively locate information from other EMRs, 3) Improve efficiency in workflow via use of tools within Cerner, and; 4) Access mobile Cerner tools and familiarize themselves with upcoming changes in Cerner documentation and build.

## **SPEAKERS & DISCUSSANTS**

- **Kurt Ackerman, MD, PhD, FACLP,** Associate Professor of Psychiatry, University of Pittsburgh School of Medicine and eRecord Medical Director, UPMC Western Psychiatric Hospital
- Camellia Herisko, DNP, MSN, RN, PMHCNS-BC, CRNP, Chief Nursing Officer, Vice President of Operations and Patient Care Services, UPMC Western Psychiatric Hospital

3:20pm-3:35pm BREAK – Light refreshments will be served.

#### 2-A: PATIENT SAFETY: DEMYSTIFYING CONCEPTS AND ROOT CAUSE ANALYSES (ROOM 278)

#### **DESCRIPTION**

The goals of this workshop are three-fold: 1) to define and discuss the importance of patient safety; 2) to increase provider awareness of key concepts in patient safety, and; 3) to demystify the root cause analysis (RCA) process by allowing session attendees to participate in a mock RCA. During the mock RCA, speakers will introduce important patient safety concepts as they arise. Specific content to be covered includes: RCA, Just Culture, Systems-based causes of error, and Human Factors engineering.

#### **SPEAKERS & DISCUSSANTS**

- Priyanka Amin, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- LalithKumar Solai, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine and Medical Director, Patient Safety, UPMC Western Psychiatric Hospital
- Patrick Buckley, MD, MBA, PSQI Psychiatry Resident Representative and PGY2 Psychiatry Resident, Office of Residency Training, UPMC Western Psychiatric Hospital
- Elizabeth Bettinelli, Patient Safety Manager and Privacy Officer, UPMC Western Psychiatric Hospital
- Jack Rozel, MD, MSL, Associate Professor of Psychiatry and Adjunct Professor of Law, University of Pittsburgh, and Medical Director, re:solve Crisis Network, UPMC Western Psychiatric Hospital

### 2-B: THE CHALK TALK - A "POINT-OF-CARE" OPPORTUNITY (ROOM 294-295)

#### DESCRIPTION

This session builds on Dr. Tew's "Chalk Talk" presentation earlier in the day focusing on why and how to do a chalk talk. Participants will create an outline of their own chalk talk and have the opportunity to explain their chalk talk to the person with whom they pair. At the end of the session participants will reflect on the exercise and participate in a group discussion of what made it good, what were the challenges they faced and how they addressed them, etc.

## **SPEAKERS & DISCUSSANTS**

• James D. Tew, Jr., MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

#### 2-C: COLLABORATION AND COMMUNICATION ACROSS THE CONTINUUM OF CARE (ROOM 292-293)

#### **DESCRIPTION**

UPMC Western Psychiatric Hospital (WPH) is well-known for providing highly specialized care for people with psychiatric disorders. While this specialization provides many benefits, it also may create challenges when a patient moves between levels of care within WPH or has multiple psychiatric disorders that may require the expertise of more than one specialty clinic. This breakout addresses efforts to improve inter-provider communication at WPH utilizing a progressive case-based discussion. Clinicians from inpatient and outpatient settings will present communication strategies for transitions of care, highlighting the transition from inpatient to outpatient care. The audience will participate in creating best practices for communication and collaboration between care teams.

## **SPEAKERS & DISCUSSANTS**

- Jody Glance, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Garrett Sparks, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Piper Carroll, MD, Vice Chair, Academic Administrator, Clinician-Educator (AACE) Track, UPMC Western Psychiatric Hospital
- Brandon Hage, MD, PGY3, Office of Residency Training, UPMC Western Psychiatric Hospital

# 2-D: MAKING YOUR EMR WORK FOR YOU - EPIC FOR THE REAL-WORLD USER (ROOM 291 – COMPUTER TRAINING ROOM)

### **DESCRIPTION**

In an era where Electronic Medical Record (EMR) use is standard, EMR's like EPIC are increasingly being called on to meet mandated quality measures, bolster reporting, and streamline billing. At the same time, clinicians voice concerns that the chart has become unwieldy and challenging to navigate, such that they are unable to efficiently use the chart without sacrificing quality documentation. During this session, participants will review chart customizations to enhance chart review, view a demonstration of SmartTools to improve ease of documentation, and learn the use of self-service reporting tools to promote a sense of mastery. Breakout attendees will also 1) Review common barriers to effective and timely patient record review and discuss methods of improvement through EPIC customization; 2) Discuss "note bloat" and the need to balance having information where you need it, when you need it with practical use of Smart Phrases, Links, and Texts to improve speed of note completion, and; 3) Demonstrate a report that end users can utilize to assist in monitoring their own caseloads as well as workflows for tracking documentation, in basket review, ordering, and other efficiencies.

### SPEAKERS & DISCUSSANTS

- Noreen Fredrick, DNP, RN, Vice President of Ambulatory and Community Behavioral Health Services, UPMC Western Psychiatric Hospital
- Jessica Gannon, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

4:25pm ADJOURN